



Triathlon PEI Youth Program 2018

Triathlon PEI will be hosting a youth training program for children between the ages of 12 and 15! Participants must be able to at least swim a full lap of a 25-meter pool unassisted and have a functioning bike with a certified helmet. The program will be limited to 15 participants.

Dates/Duration:

- June 25th – August 19th (8 weeks)

Practice Times:

- Monday: Bike Practice at the West Royalty Bio-Commons Park (located at the end of the bypass) 6:00-7:00pm
- Wednesday: Swim Practice (Bell Aliant Centre Pool) 6:00-7:00pm
- Thursday: Run Practice UPEI Track 6:00-7:00pm

Races:

- KOS Victoria Park: July 1st
- Three Rivers Triathlon and KOS race: July 15th
- Tri Lobster Triathlon and KOS race: August 19th

Cost:

- 1 Practice: \$80
- 2 Practices: \$150
- 3 Practices: \$200

Contact:

- Program will be run by Alex Neuffer with the assistance of some other coaches throughout the summer, to register contact alexneuffer@gmail.com